



Spring Activities & Family Day Festivities

Spring is near and we are very ready to ramp up our campuses with outdoor activities. These activities will include exercise, gardening and opening the pool. One of our favorite activities in the Spring is our Family Day celebration. This year's event is the 25th Annual Family Day and will be held on Saturday, May 17th at 7:00 p.m.. We will watch the Round Rock Express play the Iowa Cubs at the Dell Diamond. We have reserved an air-conditioned party suite so that families and CORE residents will be comfortable no matter the Austin weather. The suite comes with a closed circuit TV to watch all the action. We have also reserved seating in the stands right along the first baseline. This ballpark was constructed to exceed all accessibility standards for people with mobility problems. A buffet will be served and of course there's plenty of food options beyond hot dogs, peanuts and cracker jacks. Please Save the Date!

FREE Special Needs Trust Presentation for CORE Resident's Families

CORE is proud to present a FREE educational meeting on the latest information and law changes regarding Special Needs Trusts hosted by people that care about your family member and want to ease some of this overwhelming responsibility. Saturday, May 17, 2008 3:30 p.m. – 5:00 p.m. preceding Family Day Festivities @ the Dell Diamond's "300 Win Club"

Guest Speaker: *Barry Sherman* (UBS Financial Advisor, Former Trial Attorney and father of a Teenage Child with Aspergers and other diagnoses) *Examining the issues surrounding Financial Planning can be daunting, even more so when one is trying to protect their loved one's financial future following injury or disability.*

Topics to be addressed:

- The purpose of a Special Needs Trust is to supplement governmental benefits, rather than replace them.
- Utilizing the best Financial, Tax & Legal Advising Team.
- What will happen to your special needs loved ones upon the grantor's death or incapacity?
- What is the best way to fund the Special Needs Trust?
- What is the best strategy when funding the needs of the family members that don't have special needs?
- The Importance of Titling your Assets Correctly.
- Adapting Your Current Estate Plan to Tax Law Changes.
- Reviewing Your Strategy as changes occur in your family.

**Family Day Celebration
Saturday, May 17th at 7 pm
at the Dell Diamond**



Richard Temple, PhD joins CORE Health Care

CORE Health Care is please to welcome Richard Temple, PhD as our new Vice President of Clinical Operations. Dr. Temple is a neuropsychologist who has specialized in working with a wide variety of individuals with special needs. He has experience with personality assessments, quality of life initiatives and has contributed much to the field of brain injury rehabilitation and research. He has received research grants from the National Institutes of Health and the National Academy of Neuropsychology.

Dr. Temple received his Bachelors and Masters degrees in psychology from Illinois State University. He earned his doctoral degree in Medical/Clinical Psychology with a Neuropsychology emphasis from the University of Alabama-Birmingham. From there he completed a one-year clinical internship at the Medical University of South Carolina, followed by a two-year postdoctoral fellowship at Brown Medical School. Dr. Temple has given numerous training and research presentations at state, national, and international conferences. Prior to joining CORE, he served as the Director of Neuropsychology at the Transitional Learning Center in Galveston, Texas.

Dr. Temple's philosophy of rehabilitation focuses on starting from a sound scientific base while keeping in mind that science can only go so far when directing treatment. Then creativity and art take over when carefully measured for quality outcomes. His personal philosophy is that if you love what you do and give 100% all of the time, then the result will be positive for all involved. Temple has expressed that he has been very impressed with CORE's dedicated staff that work hard for their residents, take initiative and how everyone is willing to think outside of the box, custom fitting situations for each individual. He is excited to lead the treatment team.

CORE in the COMMUNITY Concussion Awareness

CORE Health Care distributed concussion awareness packets to all the Dripping Springs Middle & High School Coaches on February 19th. Middle School Boys Athletic Coordinator, Coach Lewis Jenkins and High School Athletic Chairmen, Coaches Millie Hogg and Greg Dydalewicz served as representatives for the distribution and expressed their appreciation of the valuable educational information and plan to schedule

future presentations from CORE's clinical team for their students. The CDC developed the kits to educate parents, coaches and athletes. As health care providers, CORE remains focused on increasing the awareness of Brain Injuries through prevention and early detection efforts to our community.

Celebrating Community Theater

On Friday, February 22, residents from CORE's Draper & Hilltop Campuses were treated to a marvelous production of "Marvin's Room" as guests of The Wimberley Players at the Wimberley Playhouse. Speech Therapist Jerilyn Iliff starred in the production as Bessie. Seven residents and two staff went to the nearby village of Wimberley, known for its eclectic style and commitment to community theater. The staff of the theater were both accommodating and kind, and the production was terrific. Congratulations to the Wimberley Players, Director David Bisett, and Producer, Barbara Alexander, on a job well done, and for enriching the lives of our residents. The Wimberley Players will be performing "Deathtrap," a murder mystery, by Ira Levin in April, and "Rose's Dilemma," a Neil Simon play in July/August.

Kindergarten Education

Michelle Erwin has worked at CORE for the past 3 years as a Direct Care Worker at the Oak Campus specializing in long term needs of brain injured residents. Besides being a caring staff member to our CORE residents, Michelle is a wonderful mom to an active kindergartner. Michelle spoke to her daughter's class at Walnut Springs Elementary School in Dripping Springs about the importance of wearing your bicycle helmet, the anatomy of the brain and the life of someone with a brain injury. She was met with a million questions and one little boy who pledged to wear his helmet from then on. Overall, the presentation was a huge success and Michelle's daughter was very proud of her mom.

Happy Ending for Lori and Peanut Carbajal

Shaken Baby Syndrome (SBS) is a type of inflicted traumatic brain injury that happens when a baby is violently shaken. Head trauma is the leading cause of death in child abuse cases in the United States and affects an estimated 1,200 to 1,400 children a year. Only 1 out of 4 babies dies of Shaken Baby Syndrome. However, the other three babies will need ongoing medical attention for the rest of their short lifespans.

Around five years ago, Lori Carbajal began advocating at the Texas State Legislature for a law requiring professionals in the maternity and delivery centers to notify all expectant parents

of the dangers of Shaken Baby Syndrome. Her son, Peanut, was severely shaken as a baby by his father. As a result, he has significant physical and cognitive disabilities. Peanut needed a very specialized, \$8,000 wheelchair to get around. In December, Lori and Peanut Carbajal were in an accident with a hit-and-run driver. In that accident, Peanut's wheelchair was destroyed and the Carbajals' van was totaled. This was devastating to the family.

Eric Makowski, CORE Health Care CEO and BIATX board President has worked closely with the family throughout their ordeal. Makowski stated "It is a rare and remarkable individual who can endure such a personal human tragedy and then in turn have the grace and bravery to take action, so other babies can be safe." Through media efforts, there were many people instrumental in getting Peanut and Lori's lives back on track. Upon hearing that Lori and Peanut's van was totaled in the accident last year, Martha Rand and her husband contacted the Brain Injury Association about donating a van. Additionally, Paul Saustrup, a local mechanic, donated his services and the van is now as good as new.

Through the power of the Internet, Barbara Andrews, learned of Peanut and Lori's story. When Barbara heard about their accident she felt the need to come to their assistance. Barbara's granddaughter, Chrissy, was also badly shaken and beaten as a baby. Like Peanut, she was left with severe cognitive and physical disabilities. Sadly, Chrissy passed away in 2007 at the age of 13. Barbara, along with her husband, David, and son, Steven (who was Chrissy's aide), decided to give all of Chrissy's equipment to Peanut. Chrissy's wheelchair is the exact make, model and size that Peanut needs. In addition to the specialized wheelchair, Barbara and her family donated Chrissy's car seat, a lift with net to help Lori transport Peanut from the wheelchair to a couch or bed, and a gait trainer to help Peanut stand. Furthermore, Kristin Marcum donated her frequent flyer miles so Barbara could fly to Austin to meet Lori and Peanut and share in their joy. The Brain Injury Association of Texas and the Austin community additionally raised \$4,000 to assist with related expenses from the accident. And last but not least, Fed Ex donated the shipping for all 500 pounds of equipment across the country.

CORE and the Brain Injury Association would like to thank all the generous individuals and companies that worked to make Peanut's life a little easier and fuller and for helping spread the awareness of the importance of educational efforts to reduce the incidence of Shaken Baby Syndrome.

YEAR in REVIEW

2007 was a very successful year for CORE and we look forward to 2008 as we celebrate our 25th year of providing safe and successful care and treatment for individuals with special needs.

2007 Achievements

- Re-branded the company
- Remodded Oak Campus to add new living area and covered patio
- Expanded our website and nearly tripled our monthly web hits
- Initiated "Best Practices" lunch series at Hilltop
- Stabilized and further reduced turnover
- Continued to improve employee pay & benefits
- Opened new 6-bed Draper facility
- Successfully advocated in the Texas Legislature on behalf of people with disabilities including: additional funding to serve the existing waiting list for DARS Comprehensive Rehab Services program funding; the passage of HB 1919 requiring health carriers in Texas to cover cognitive therapy; a 10% reduction of the CBA and CLASS waiver waiting lists.
- Initiated work on the CORE Foundation a 501(c)(3) Charity

2008 Goals/Objectives

- Convert to 100% electronic health record for all residents and facilities
- Create a small executive board to best support the program directors with daily operations
- Expand Cedar & Oak Buildings
- Develop additional clinical services and support for the long term care residents
- Relocate the Community Re-entry Program (CRP) to a permanent location and secure license
- Sign new insurance contracts for post-acute services
- Offer new resources to families with loved ones discharging from Hilltop to improve durability of our outcomes
- Begin our entry into the field of rehabilitation research





To work each day with the highest ethical principles in a quest to further develop the skills of our residents and team members.

STAFF LISTING

Professional Staff

Senior Leadership Team

CEO/Owner

Eric Makowski

President/Owner

James S. Misko, Psy D

VP of Finance

Chrystal Wells

VP of Clinical Operations

Richard Temple, PhD

Director of Long-Term Care

Scott Archer, LMSW

Director of Rehabilitation

Lesley Kohler, MS, LPA

Director of Quality Assurance

Kerri Alvis

Director of Marketing

Dianne Crawley, MHA

Maintenance Supervisor

Craig McMillan

Other Professional Staff

Physical Therapists

Lorri French, MS PT

Stephanie Love, MS PT

Psychologist

Lori Stowers Wright, Ph D

Speech Pathologists

Suzanne Haskins, CCC-SLP

Jerilyn Iliff, CCC-SLP

Maria Strum, CCC-SLP

Occupational Therapists

Rheta Ladzinski, OT

Lana Mathis, COTA

Consulting Physicians

John Bertelson, MD

Todd Buchanan, MD

William Loving, MD

Shelly Riley, MD

Case Managers

Diane Darrington, MS, LPC

Jean Koriath, M Ed, CRC, CCM

Cheryl Olson, M Ed, CRC, CCM

Bill Mallory, MA, LPC

Cognitive/Vocational

Julie Dyken, MA

Nursing

Brandy Eisenbach, RN

Therapeutic Art Instruction

Theresa Mosely

Marketing Executive

Nicole Harmon, MA

Admissions Coordinator

George Yesian

Hiring Recruiter

Keith Kasprzyk

Music Therapy

Stephanie Shehan

Andrea Cortez

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www.corehealth.com

Family-owned and operated, CORE is honored to have provided a trusted source of residential care since 1983.



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